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**-POST Daylight PDT INSTRUCTIONS-**

* Mild redness and discomfort are common and expected right after the treatment.
* Redness, dryness, flaking of the skin and crusting is expected too. This usually starts appearing at day 3 and could last for about 7-10 days.
* Please **do NOT pick at the scabs** as this could cause an infection or permanent scaring.
* Please call the clinic if you develop any of the following **unexpected reactions**:

1. Severe swelling of the skin
2. Bleeding
3. Unbearable pain
4. Signs that the skin may be getting infected (ie: pus/oozing)

* **Do not use soap** to clean the treated area. Use water and a non-soap gentle cleanser such as the following brands: QV or Cetaphil.
* Do **NOT** have any sun exposure whatsoever for 3 days post treatment as it may increase your reaction.
* Moisturise at least twice each day using a gentle moisturiser. QV, Cetaphil or plain Vaseline are available from Priceline, Chemist Warehouse and most local pharmacies.
* **For Daylight PDT patients** – Please Do **NOT** USE SUNBLOCK, until your face has healed & all the scabs have fallen off, during this time, if you need to go outside protect your face with a broad brimmed hat. After this period, you should wear SPF 50+ sunblock at all times when you are outside for 3 months, to avoid hyperpigmentation of the skin
* Lastly, ***all Daylight PDT patients*** to ***please email us a photo of your face day 5 post treatment on*** [***info@cbdskincancer.com.au***](mailto:info@cbdskincancer.com.au) ***, with your full name & date of birth so we can monitor your progress.***